

Four Truths of Noble Beings

RECOGNIZE

SUFFERING

ELIMINATE ITS

ORIGIN

OBTAIN ITS

CESSATION

CULTIVATE THE

PATH

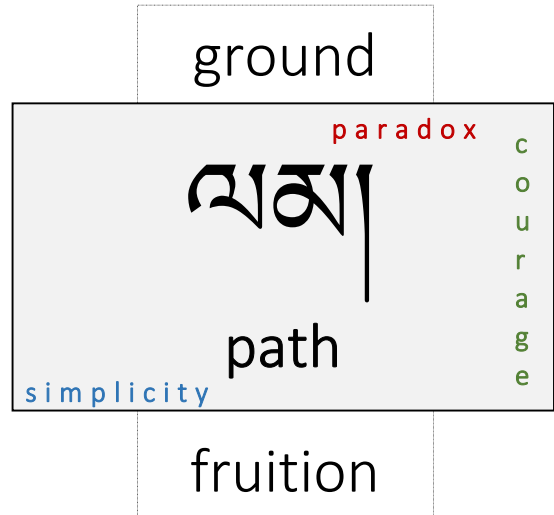
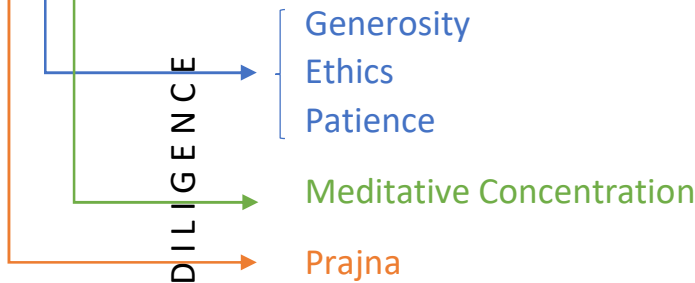


Three Trainings

Eightfold Path of Noble Beings

<p>Skr. <i>prajna</i> – Tib. <i>sherab</i> precise knowledge</p>	View	<ul style="list-style-type: none"> Right View Right Intention
<p>Skr. <i>shila</i> – Tib. <i>tsultrim</i> ethical discipline</p>	Conduct	<ul style="list-style-type: none"> Right Speech Right Action Right Livelihood
<p>Skr. <i>samadhi</i> – Tib. <i>ting nge zin</i> meditative stability</p>	Meditation	<ul style="list-style-type: none"> Right Effort Right Mindfulness Right Concentration

Six Paramitas



Five Paths of the Bodhisattva

